

**Region V+ Adult Mental Health Initiative**  
**9:00 AM, Tuesday, December 7<sup>th</sup>, 2021**

This meeting will be held virtually via Webex. If you need assistance, please reach out to Danielle ([danielle.wadsworth@sourcewell-mn.gov](mailto:danielle.wadsworth@sourcewell-mn.gov))

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**Executive Committee Meeting**

**Executive Committee Members Present:**

Michael Steinbeisser	Todd County
Kim Larson	Aitkin County
Jeff Bowman	Morrison County
Tammy Stacey	Cass County
Britne Haasch	Wadena County
Tami Lueck	Crow Wing County
Kathy Hallbeck	Consumer Representative-Aitkin County
Melissa George-Humphrey	Leech Lake Band of Ojibwe Tribal Nation
Nathan Bertram	Crow Wing County

**Others Present:**

Danielle Wadsworth                      Region V+ AMHI Coordinator, Sourcewell

**Convene:** 9:03am

**Minutes of 11/2/21:** Kim Larson motions to approve the meeting minutes from the November 2<sup>nd</sup>, 2021, Region V+ AMHI Executive Committee Meeting. Jeff Bowman seconds the motion. All in favor. None opposed. No further discussion. Motion carried.

**9:00 am- Public Comments:** None.

**Reports**

▪ **Fiscal Host Report**

Tami Lueck is following up on 4<sup>th</sup> Q invoices that haven't been submitted from Providers. Tami provided the below updates.

Regional LAC: Has not submitted invoices for door hangers. Based on November discussion, this may be transferred to 2022.

Wellness in the Woods: We were behind on billing but will have their line item caught up in next month's financial report.

Crisis Stabilization: everything is looking okay with the movement of dollars

Employment: is low. Aitkin's bill will reflect in the December financial report

Northern Pines ACT: used all dollars

Peer Support: no spending there

Housing: Looking to make a change to reflect Hope Housing having a separate line item

Northern Pines TCM: Tami will be reaching out for 4<sup>th</sup> quarter invoice

Total spending is at 73%.

If there are any county dollars that need to be shifted be sure to let Tami Lueck know.

If we don't find a way to utilize those dollars for Peers, we should look at reallocating.

### **10:00am-12:00pm Stakeholder Meeting**

Michael Steinbeisser welcomed attendees to the Region V+ AMHI Stakeholder Meeting and asked everyone to share successes and challenges over this past quarter and how can we support them through our media campaign.

### **2:00-2:45pm Northern Pines- Laura Vaughn, Kim Schaeffbauer, & Kate Sullivan**

Laura Vaughn, Kim Schaeffbauer, and Kate Sullivan joined the meeting to discuss the following:

- *Goals you are working on for the initiative:* Audit for MCO is taking place on December 16<sup>th</sup> from 9-12pm.

Hospital in Essentia is filled so Northern Pines offered to transfer individuals to their Maple Lake Office which is opened from 8-4:30.

Cass County Jail is reaching out to get a tablet out there. Rick Jackson is helping coordinate this. MCO has stopped using the term Crisis Stabilization for call backs and it seems to help. Will present a name to call this service when there has been decision made. Rick Jackson has been cleared to do ride alongs.

Northern Pines has designated staff for the ICTS service.

Northern Pines has asked to keep WRAP appointments in contract.

Safe Harbor is growing strong. They remain full with only 2 IRTS beds.

The Executive Committee asked for their feedback on having a Crisis HUB. Northern Pines will continue thinking of locations that could work close to the Hospitals.

- *Your visions for the future year/ 5 years:* Northern Pines is community driven organization that provides Mental Health Services. There focus will be more specifically in advanced training. Provide internally integrated case consults. This will help validate the vision for the organization. Board has worked with Laura Vaughn to build more supportive services and education opportunities.
- *Things that have gone well:* Reducing barriers and increasing access to care. CTSS has expanded to McGregor. Y ACT has expanded ages to 14-25. Northern Pines is hopeful Frontline Care will be successful. Getting the word out could be a challenge.
- *Challenges/ struggles:* Looking for ways to improve access for transportation. Some of these individuals can be seen via telehealth, but not all services. CTSS in the summertime, once school is out, can be a major challenge with transportation. Northern Pines has a fleet of 52 vehicles to leverage for services, but really don't have enough staff to provide this service.

The Executive Committee suggested Blue Plus being a possible solution for individuals with Blue Cross Blue Shield insurance. Northern Pines is considering opening a service to have consumers provide a transportation service.

- *What we could do to further support you:* Northern Pines requested we do not decrease dollars in Crisis Stabilization and ICTS as there is a plan to improve this service for 2022.
- *Ideas you have or other topics you would like to discuss with the committee*  
Laura Vaughn asked if the Executive Committee had any advice for employees and consumers trying to deal with the State Mandate and the Covid surges in our Region?

### **Other Business:**

- **Moving Services dollars**

There is a remaining \$17,453 in the budget that can be reallocated to Peer Support Training and the Media Campaign.

Tami Lueck motions to reallocate the \$15,000.00 from Moving Services to Web Design & Media and \$2,453.00 from Moving Services to Peer Support Training. Tammey Stacey seconds the motion. All in favor. None opposed. No further discussion. Motion carried.

- **Refractions IRTS facility update**

Refractions has \$30,000 allocated to them for FY 2021 and 2022. There is a meeting with Refractions taking place on Monday, December 13<sup>th</sup>. Refractions will be meeting with Brad Vold, Corrections, Law Enforcement, and Jeff Bowman for a meet and greet. They are looking at a timeline of 1-4 months. Refractions is still scheduling a time to meet with the local hospital.

- **Consumer Representative application**

Danielle Wadsworth will resend Consumer Representative application with an adjustment to allow more space on the application form to fill it out the questions fully.

Kathy Hallbeck will make rounds to LACs to help explain the role and answer any questions individuals might have. Jode Freyholtz-London, Wellness in the Woods, is receiving an additional ask to present the application at a VPSN Meeting.

- **2022 Budget review**

Tami Lueck will have something to present to the Directors before the Annual Board Meeting.

Wellness in the Woods will remain the same at \$43,000.00  
 Adult Crisis Stabilization will potentially need additional dollars.  
 Lutheran Social Service-White Oaks- May not use full \$50,000  
 Basic Living Skills- increased Nystroms to \$100,000 and dropped Northern Pines to \$40,000.  
 Will work through ICTS Funding recommendation later on the agenda.  
 Northern Pines TCM- will reduce to \$15,000 for 2022.  
 Peer Support- Provide a training, great way to pull those dollars.  
 Refractions has been built in for \$30,000.00

There is a possibility of putting the remaining dollars/overage dollars in an innovative category. Tami will look into this.

- **ICTS Funding recommendation**

The ICTS workgroup has a recommendation to provide a \$25.00/client enrollment for ICTS services allowing up to \$7,000.00 allocated for ICTS Admin costs for the 2022 Budget.

This could help provide funding for the higher need people along with the additional Admin time. We would want this added to the 2022 ICTS Contracts.

Tammey Stacey make a motion to add a line item for \$25/ICTS Client seen for ICTS services for the 2022 Contract Year. Jeff Bowman seconds the motion. All in favor. None opposed. No further discussion. Motion carried.

- **Fall Mental Health Media Campaign**

Please see the attached Data Analytics for the Fall Mental Health Media Campaign and email communication.

An additional \$190 Tami Lueck motioned to approve an additional \$190 for the Fall Mental Health Media Campaign bringing the total dollars for this campaign to \$10,190.00. Kim Larson seconds the motion. All in favor. None opposed. No further discussion. Motion carried.

An additional media outlet to consider for 2022 could be billboards. They are expensive, but effective.

- **Uninsured Case Management/CCBHC Recommendation**

Northern Pines hasn't utilized this service much over the past year. For 2022 AMHI we will reduce to half the dollars funded. Re-evaluate in 2022. We still have an undisclosed reimbursement rate. We have been decreasing this steadily over the last few years. We are monitoring this and have individuals with uncompensated care.

Kimberly Larson makes a motion to decrease 2022 Northern Pines Targeted Case Management 2022 contract up to amount to \$15,000.00 and reallocate remaining \$15,000 to Adult Crisis Stabilization-Safe Harbor. Tammey Stacey seconds the motion. All in favor. None opposed. No further discussion. Motion carried.

- **Annual Board Meeting-December 14<sup>th</sup>**

Danielle Wadsworth presented the agenda for the 2021 Annual Board Meeting. Tami Lueck mentioned the addition of Erik Adolphson and Wade Brost attending at 2pm for a discussion around the Regional Transition Specialist role and DCT. Danielle will have this added and send out the agenda later today for everyone to review.

- **988 Rollout**

What kind of work is being done around this? Or do we need to initiate a workgroup around the plan for the 988 rollout?

Tami Lueck responded by saying we need a better understanding of the process and suggested inviting someone to speak on this to the January or February Executive Committee Meeting/ We could also ask that they collaborate with Mary Marana at Crisis Line and Rick Jackson at Mobile Crisis Outreach through this change. Emily Yang will join at 10am for an overview presentation and explain if they are already working with our crisis services and how as a region do we support this or what is needed for us to support this. Danielle Wadsworth will add this to the January agenda.

Additional information about this change can be found here:

<https://www.nami.org/Advocacy/Crisis-Intervention/988-Reimagining-Crisis-Response>

## **Workgroup Reports:**

- **Website**- Danielle, Tammey, Jeff, Melissa  
No update.
- **Supportive Housing**- Nathan, Michael, Tammey, Danielle  
Nathan Bertram shared White Oaks has implemented a new lead case manager role.
- **Survey**- Michael, Danielle, Nathan, Pam  
No update.
- **Performance measures/goals**- Tami, Kim, Danielle  
The workgroup is meeting Wednesday, December 15<sup>th</sup> to go over 3<sup>rd</sup> Quarter Metrics.
- **Uninsured Case Management/CCBHC**- Tami, Kim, Danielle  
Tami Lueck will send a communication to Northern Pines on contract amounts for 2022.
- **Northern Pines Moving Services**- Nathan, Michael  
No update.
- **Transition Specialist**- Michael, Britne, Tami  
Extend an invite to Mike Willie for discussion with Eric and Wade during the Annual Board Meeting next week.
- **Comprehensive Re-entry**- Tami, Pam, Nathan, Kim  
There was a little discussion about how this is going moving forward. Is this something the County can take on?
- **Community Education**- Danielle, Jeff, Britne, Melissa  
December 8<sup>th</sup> commitment training has been postponed for some time in 2022.
- **Acute Care and IRTS Services/Inpatient Capacity Building** - Nathan, Kim, Michael, Kathy, Danielle  
No further updates.
- **ICTS**- Nathan, Michael, Tammey  
No further updates.
- **Hospital Collaboration**- Kathy, Nathan, Danielle, Tammey, Britne  
Conversations with Riverwood and St. Gabes there are a lot of staffing changes and challenging to designate an individual for these locations. It seems there is a theme across the region there isn't capacity to focus on or attend these meetings right now.  
  
Danielle Wadsworth will send out a communication in the new year about scheduling a time to meet.
- **Mental Health Media Campaign**- Tami, Kim, Kathy, Michael, and Danielle  
Stratelligent put together the below website and Tami Lueck shared it with the Executive Committee to see if they had thoughts about moving toward something like this for our Region V+ AMHI website.

<https://www.joincrowwingsheriff.com/>

The Executive Committee agreed having a page designated to employment opportunities available in the Mental Health field in our Region could be helpful. Adding videos or testimonials could be very impactful. We will add this to the list of innovative ideas for 2022.

**FYI-Upcoming Trainings/Events:**

Kathy Hallbeck brought forward a concern of individuals falling off after CRE and wondered how can we prevent this? Could we reach out to our CRE staff and see if there is a way for us to meet with them? Kathy mentioned Itasca County has a Mental Health Professional in the jail and has brought great benefit. This will be added to our continued discussion under the Comprehensive Re-entry workgroup.

The Executive Committee decided to have their meeting virtual for Jan 4<sup>th</sup>. We will ask our stakeholders how they want to continue moving forward. Might be good to transition those meetings to hybrid.

**Adjourn: 3:30pm**

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, January 4<sup>th</sup> from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

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Currently, all Executive Committee and Subcommittee meetings are being held virtually via Microsoft Teams or Webex. Reach out to Danielle Wadsworth ([danielle.wadsworth@sourcewell-mn.gov](mailto:danielle.wadsworth@sourcewell-mn.gov)) for the link to connect. ALL meetings are open to the public.