

platform is the only one in the country. VPSN is now an organization for anyone impacted by Mental Health and Substance Use Disorder. This is a natural direction knowing co-occurring happens frequently. Friday Night Freedom Night is a new program that highlights this. Building to provide opportunities for CEUs and education. Looking for a person at Region V+ to join the team.

There is currently 44 Peers as staff throughout MN. SAMSA Grant provides opportunities for outreach in areas in MN that are diverse communities. Not struggling with workforce shortage. Retention rate is at 5-8%. Even the Board of Directors remains very engaged.

Working with State Representatives to try and get VPSN funded by the State. The approach taken is through the success of the Warmline. People want to talk to Peers. About 70% callers are substance use disorder survivors. Jode is hoping to continue to fall outside billable services. DHS is wondering if Peers could join different workgroups outside of VPSN.

11:00-11:30 New Leaf- Cre Larson & Becky Zidarich

Becky joined the meeting and provided a report on goals for the Region V+ AMHI Executive Committee.

- *Goals-* Based on survey feedback, they have found some areas to improve. A lot of people aren't aware of who New Leaf is and the services they provide. Most referrals come from Crisis Teams and Hospitals. To respond to this, New Leaf has developed a pamphlet and handbook describing who they are and what they do. They are working toward decreasing the number of people that fall through the cracks, decrease the time it takes Law Enforcement to respond, find a way to mend the gap with Mental Health Crisis Services with individuals that have medical conditions. New Leaf's screening process includes medical and background check. They do not accept sex offenders right away.

Executive Committee recommended getting a meeting set up with Rick Jackson (MCO) to do an introduction and provide an opportunity for knowledge sharing.

- *Your visions for the future year/ 5 years* – New Leaf would like longer term transitional housing. The idea would be to build this through the current facility in place leveraging the upstairs space.
- *Things that have gone well-* Counties have been great to work with.
- *Challenges/ struggles-* Sometimes New Leaf will accept individuals that have too high acuity and can't get placed along with not having a solution for the individuals with medical conditions.
- *What could we do to further support you-* New Leaf appreciates the support from Region V+ AMHI.

11:30am-12:00pm Greater State of Mind Project Discussion- Charitie Herbst & Mike Willie

Charitie and Mike joined the meeting to discuss the Greater State of Mind Project results. To help drive some of the discussion, Mike wanted to share a brief update regarding a report out of the secondary data results along with pending questions about facilities and reimbursement rates. Center for Behavioral Health discovered there is a need for juvenile hospitalization, and they will continue looking in hospital reimbursement rates. Charitie will share this data with the Executive Committee.

Mike and Charitie asked Region V+ AMHI for their feedback. The Executive Committee had hoped the results would have come back with more direction on how to tackle the recommendations presented. Mike, Charitie, and the Executive Committee worked through each recommendation to see how best to move forward. Mike and Charitie shared the collaboration piece will most likely take priority and then build from there.

Kathy Hallbeck shared a programming effort in Arizona that worked well and could bring value in some of these recommendations.

1:00-1:30pm Lake Country Associates- Shawn Anderson

Shawn joined the Executive Committee Meeting to share provide a report on Lake Country Associates for the Region V+ AMHI Executive Committee.

Shawn was excited to share the most recent expansion in Wadena County, City of Menahga. The ICTS service works well. Lake Country Associates still feels new to this and has been challenged with finding a way to see clients sooner.

Shawn's vision for the future includes expand staffing and take a step back on expanding services throughout all of Region V+ until they've mastered the Counties they are in right now.

Challenges Lake Country and Associates has faced over this past year includes the process billing and wrestling with insurance, and lack of increased rates for services providing makes it difficult to retain staff. Shawn shared the biggest hurdle in having Peer Support leveraged for ICTS services is finding Peers interested in doing this work.

Shawn shared mini grants have been extremely helpful in the past to help build out programs necessary for rural communities.

Other Business:

▪ **Moving Services dollars**

Michael Steinbeisser asked if each County could share an update on how they have worked through the loss of Moving Services in their County.

- Todd County is looking at renting a storage shed. Jeff Bowman and Nathan Bertram confirmed this would be an allowable expense. Michael thought it might be helpful to use this funding to purchase a moving trailer for the Region. More discussions to be had over this.
- Crow Wing County purchased a storage shed and it got too messy and decided to stop providing this resource. Individuals using the shed wouldn't log items appropriately. Things would go missing. If people passed away, items were left there for donation. Instead, Crow Wing County decided to pay on a case-by-case basis for client that ask for it. Crow Wing County will pay up to 3 months at a time. MN Teen Challenge has been leveraged to help move things.
- Cass County rented storage unit up to 3 years, use own personal pick-up trucks, and County garage.
- Wadena County leverages sentence-to-serve. Typically moves include one individual moving from one apartment to the next.
- Aitkin County has rented a storage unit for a couple months. Leverage Any Way You Want It moving company or ask clients to rely on family and friends to help them move.
- Leech Lake Band of Ojibwe Tribal Nation leverages services within the Tribal Nation to assist with this.

The Executive Committee agreed the overall moving needs are down right now because there is nowhere to move right now.

▪ **Refractions IRTS facility update**

Jeff Bowman connected Refractions to the local hospital. Refractions is projecting 3-6 months until they open. Jeff is working to set up meetings with Law Enforcement and Corrections. Refractions has 6 beds right now that can shift to 8 beds further down the road. Jeff reached out to Stearns County and heard nothing but good things about the work Refractions has done in their County. Kim Larson reported they are very passionate and excited about what they are doing.

▪ **Consumer Representative application**

The Executive Committee supports mileage reimbursement for Kathy Hallbeck to drive to the different Drop-in Centers in the Region to encourage consumers to apply. Danielle Wadsworth will send the Consumer Representative application out again with an extended deadline.

▪ **2022 Budget review**

Nathan Bertram walked the Executive Committee through the draft 2022 Budget.

- *Hope Housing*- The plan is to reduce slowly over time.
- *Wellness in the Woods*- this will stay the same for 2022.
- *Crisis Stabilization*- the Executive Committee will pay close attention to the trend of individuals on Medicare not receiving support. If the trend continues, there is potential of having dollars left over from this year.
- *ICTS*- drop Northern Pines to \$40,000 and increase Nystroms & Associates to \$100,000
- *Refractions*- This will remain the same.
- *Targeted Case Management*- Kim Larson is acquiring a list of individuals and the counties they reside in to see if this is a service the Counties could take on. She will share this with the Executive Committee once received to help determine how to move forward.

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▪ **ICTS Funding discussion**

The workgroup reported there has been a challenge with scheduling training for interested Peers. Trainings often take place outside of the Region because there isn't enough Peers in our region to fill a training space. Region V+ AMHI Executive Committee could support offering a local training option.

Providers are requesting Admin time to be billable. The Region V+ AMHI Executive Committee had some questions regarding the rate and how much time would be allotted for each Provider.

Danielle Wadsworth will reach out to ICTS providers to see the number of clients they have taken on per year and schedule a meeting with the ICTS workgroup.

Workgroup Reports:

- **Website**- Danielle, Tammey, Jeff, Melissa
Danielle Wadsworth reported the Greater State of Mind landing page has been updated to reflect the information reported during last week's presentations. Stratigent is recommending some work on the Resource Page to make it more intuitive for visitors. More to come as we roll out the Fall Mental Health Media Campaign.
- **Supportive Housing**- Nathan, Michael, Tammey, Danielle
Nathan Bertram reported White Oaks has 3-6 openings. The Police Department calls

have dropped by a third. Billing has been a little bit of a mess. They are providing a WRAP Training through Crow Wing County Community Support Dollars.

Not exactly sure how many openings are at Mills Townhomes, but billing has been a little messy there as well.

- **Survey-** Michael, Danielle, Nathan, Pam
This workgroup will leverage the results from the Greater State of Mind Project and expand on them for the 2022 Survey.
- **Performance measures/goals-** Tami, Kim, Danielle
Danielle Wadsworth is still waiting to receive Provider's Quarterly Report. The limited staffing has really made it difficult for our Providers to get these to us in a timely manner. This delay is reflected in the last two quarters.

Danielle reminded Providers they need to complete their Customer Satisfaction Surveys before the end of the year.

The Executive Committee decided to alter the ICTS performance measure "For each referral made, number of clients seen in less than 12 hours, number 12-23 hours, number from 24-36 hours, number from 37-48 hours, number from 49+": to eliminate less than 12 hours and make the 12-23 hours the first measure.

- **Uninsured Case Management/CCBHC-** Tami, Kim, Danielle
Nothing further to report.
- **Northern Pines Moving Services-** Nathan, Michael
Nothing further to report.
- **Transition Specialist-** Michael, Britne, Tami
Mike Willie has shared there are people getting moved too quickly from CBHH's. This will be reported to MACCSA with examples of what happens when this takes place.
- **Comprehensive Re-entry-** Tami, Nathan, Kim
The workgroup along with Jeff Bowman presented this program at the MACCSA Conference. There wasn't a lot of questions after the presentation, but Blue Earth did share they have felt burned out over the years and this collaboration and energy was encouraging.
- **Community Education-** Danielle, Jeff, Britne, Melissa
There are two Commitment Trainings scheduled for November 8th and December 8th.
- **Acute Care and IRTS Services/Inpatient Capacity Building -** Nathan, Kim, Michael, Kathy, Danielle
Nothing further to report.
- **ICTS-** Nathan, Michael, Tammey
Nothing further to report.

- **Hospital Collaboration-** Kathy, Nathan, Danielle, Tammey, Britne
The Executive Committee decided to push this meeting to January 2022. Hospitals are inundated right now and it's not a good time to bring this collaboration together. Danielle Wadsworth will send out a new doodle poll.
- **Mental Health Media Campaign-** Tami, Kim, Kathy, Michael, and Danielle
Workgroup is meeting with Strateligent on Friday, November 5th to walk through their initial proposal.

FYI-Upcoming Trainings/Events:

December 7th Executive Committee Meeting will be held virtually ONLY.
 December 14th Annual Board Meeting will be hybrid with an in-person option at Sourcewell and virtual option via Microsoft Teams.

Adjourn: 2:45pm

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, December 7th, 2021 from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

 Currently, all Executive Committee and Subcommittee meetings are being held virtually via Microsoft Teams or Webex. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect. ALL meetings are open to the public.