

**Region V+ Adult Mental Health Initiative**  
**9:00 AM, Tuesday, October 5<sup>th</sup>, 2021**

This meeting was held virtually via Microsoft Teams.

---

**Executive Committee Meeting Minutes**

**Executive Committee Members Present:**

Jeff Bowman	Morrison County
Tammey Stacey	Cass County
Kathy Hallbeck	Consumer Representative- Aitkin County
Michael Steinbeisser	Todd County
Britne Haasch	Wadena County
Tami Lueck	Crow Wing County
Nathan Bertram	Crow Wing County
Kim Larson	Aitkin County
Julie Lambert	Consumer Representative- Morrison County

**Others Present:**

Danielle Wadsworth	Region V+ AMHI Coordinator, Sourcewell
Brooke Kolstad	Wadena County

**Convene:** 9:05am

**Minutes of 8/31/21:** Britne Haasch motions to approve the minutes from the August 31<sup>st</sup>, 2021, Region V+ AMHI Executive Committee Meeting and Region V+ AMHI Stakeholder Meeting. Tammey Stacey seconds the motion. All in favor, none opposed. Motion carried.

**Public Comments:** None

**Reports**

▪ **Fiscal Host Report**

Tami Lueck provided an overview of the September 2021 Fiscal Report.

- The Regional LAC reached out regarding remaining dollars to allocate towards a project.
- Safe Harbor is looking okay at this point. Their billing doesn't reflect MA reimbursement. We will continue to keep a close eye on this.
- Lutheran Social Service is lagging on submitting invoices. Michele is aware they haven't done their billing yet. They have dollars available in the Supportive Housing brass code.

Tami Lueck hasn't heard anything regarding the additional funding allocation yet. Crisis Services did report their additional funding will be competitive. It does not sound like this is the case for Region V+ AMHI, but there is always a chance it could be.

▪ **10:00am-10:45am Nystrom & Associates- Sera Aker, Kaytlin Becker, and Laura Novitsky**

- *Goals you are working on for the initiative:* Continuing strong relationships with the County Supervisors, list of practitioners sent to work alongside Jail Social Workers, continuous goal to provide a timely response to clients. Nystrom & Associates is hiring and keeping well qualified staff to serve clients. The Human Resource Team acquired a

Talent Acquisition Specialist to support this effort.

- *Your visions for the future year/ 5 years:* Continue to grow as a team including the addition of Peer Support to the team and a lead for the ICTS program.
- *Things that have gone well:* Continue to receive positive feedback from County Case Managers regarding the level of coordination between both entities, registration process has been successful, positive connection with the jails, and integrated more outreach. Outreach has been beneficial for referrals placed without phones. Nystroms and Associates can go to the address allowing the client to connect with a practitioner. Practitioners are only assigned to ICTS program.
- *Challenges/ struggles:* Serving individuals that qualify for a higher level of care but don't meet criteria for ACT or ARHMS. COVID has created barriers including juggling schedules. Providers are balancing telehealth and in-person appointments requiring coordination and adaptation. There have been growing pains working through this. There is a shortage in microchips causing for phone resources less accessible. It is often required to get confirmation from client they are meeting for ARMHS. Not necessary for ICTS services.
- *What can we do to further support you?* Appreciate the continued communication and direction. Nystrom & Associates asks we keep the communication lines open to continue to remain on the same page. Nystrom & Associates mentioned sometimes with ICTS services there is a lot of work done behind the scenes and isn't billable. If there is room for funding for this type of work with future grant dollars, it would help a lot.
- *Ideas you have or other topics you would like to discuss with the committee:* Nurses coming in on a case-by-case basis is appreciated. Nystroms & Associates have worked with Nathan Bertram with this and Nathan thinks there are circumstances necessary for an RN to visit. Nystrom & Associates offers face-to-face primarily at their facility now. Engaging individuals in the jails virtually is a challenge. Nystroms appreciates the jail meetings with Crow Wing County and would like to implement this with the rest of the Counties if possible.

The Executive Committee shared their appreciation of how thorough, clear, and helpful their data reports are.

▪ **11:00-11:30am Regional Transition Specialist-Mike Willie**

Mike Willie joined the Region V+ AMHI Executive Committee Meeting to provide his quarterly report. Mike shared referrals are higher with a projection of hitting 150% from the previous highest year. This is great news. People are using this service.

Mike reported 7 total DNMC days. It was requested to have a cost category to the report and was reflected in Mike's update to the Executive Committee. He will add information regarding individuals committed vs individuals not committed in future reports.

**Other Business:**

▪ **Moving Services dollars**

No updates currently.

▪ **Refractions IRTS facility update**

Refractions found a location in Little Falls. They have enough rooms for 6 individuals to have their own space. Currently working with DHS to complete licensing. The workgroup has their next meeting with Refractions on October 14<sup>th</sup>, 2021.

Danielle Wadsworth will draft an agreement for start up costs and send it for review.

- **Greater State of Mind update**

The advisory committee met with C4BHI and was able to gain a sneak peak on some of the data collected. It initiated great discussion and collaboration amongst the advisory committee instilling excitement for the final report. Results will be shared at the Elevate Leadership Summit at the end of October. C4BHI will present the results at the Wellness in the Woods Virtual Peer Support Network on November 2<sup>nd</sup>.

- **Consumer Representative application**

There were no Consumer Representative applications submitted. The Executive Committee decided to extend the deadline to the end of October.

Danielle will send Wellness in the Woods a separate email asking for their support.

Kathy Hallbeck will visit the Clubhouses and Drop-in Centers in the region to explain the role of a Consumer Representative and provide paper copies of the application.

- **2022 Budget review**

Tami Lueck will reach out to Counties regarding CRE dollars. She will have a draft budget to present at the November Executive Committee Meeting to bring to the December Meeting to approve.

Danielle Wadsworth and Tami will get preliminary contract dollars put together.

- **Law enforcement-MCO discussion**

The Crisis Grant Committee met with Rick Jackson, Northern Pines MCO, last week during their quarterly Meeting. Rick reported MCO workers wanting to be more involved with dispatch and law enforcement. MCO started working with Crow Wing County law enforcement as a pilot project. Rick asked to meet with representatives from regional county law enforcement to begin discussions with other counties.

We need to be careful on how we present this to our Law Enforcement as MCO is not set up with enough capacity. If they are in Staples and get a call, they may not be able to get to the call location in a timely manner. We are looking at technology solutions to support this.

The Executive Committee would like to try to get an update for the December Annual Meeting, possibly have Rick Jackson present.

### **Workgroup Reports:**

- **Website**- Danielle, Tammey, Jeff, Melissa

Danielle Wadsworth received reports for website usage in July-August. Please see the attachment sent with the meeting minutes to reference the data.

- **Supportive Housing**- Nathan, Michael, Tammey, Danielle

Lutheran Social Service got a new full-time Case Manager hired. This individual will handle housing case management for the individuals that live at White Oaks. Lutheran Social Service has required individuals living there to get housing case management services.

Tenant meetings began this last month and will continue a monthly basis.

They are providing WRAP Training onsite.

- **Survey**- Michael, Danielle, Nathan, Pam  
Nothing to report.
- **Performance measures/goals**- Tami, Kim, Danielle  
Danielle Wadsworth is sending a reminder to providers to complete their Customer Surveys before the end of the year.

According to the ICTS reports, Nystroms has been able to see clients within 48 hours of the referral being made. Northern Pines is seeing clients after 72 hours of referral being made. We will want to gain clarity if they are measuring when they meet with the client or reaching out to the client.

- **Uninsured Case Management/CCBHC**- Tami, Kim, Danielle  
We will have to decide if we want to continue offering this. We will put together a list to see where the clients using this service are from and determine if the County would be able to take this on. This will have to be determined by the December Annual Board Meeting.
- **Northern Pines Moving Services**- Nathan, Michael  
Nothing to report.
- **Transition Specialist**- Michael, Britne, Tami  
Nothing to report from Mike Willie's update.
- **Comprehensive Re-entry**- Tami, Nathan, Kim  
Team members presented the CRE program at the MACCSA conference. Danielle will share the presentation with the Executive Committee.
- **Community Education**- Danielle, Jeff, Britne, Melissa  
Jeff Bowman coordinated two trainings with the State. There is a Commitment Training focused on Rule 20 and commitments on November 8<sup>th</sup>. There is a Neurological medicine training on December 8<sup>th</sup>. Danielle will work with the trainer to post this information on the Region V+ AMHI website.
- **Acute Care and IRTS Services/Inpatient Capacity Building** - Nathan, Kim, Michael, Kathy, Danielle  
Nothing further to report.
- **ICTS**- Nathan, Michael, Tammey  
Workgroup is meeting with the ICTS providers on October 26<sup>th</sup> to discuss Telehealth Services options for 2022, leveraging Peer Support for ICTS services, and ICTS rates: Clinician vs Practitioner.
- **Hospital Collaboration**- Kathy, Nathan, Danielle, Tammey, Britne  
Meeting was canceled due to lack of data reports submitted. Danielle Wadsworth is working with the Hospital ED contacts and will have a meeting scheduled at a different time.
- **Mental Health Media Campaign**- Tami, Kim, Kathy, Michael, and Danielle  
Kathy Hallbeck requested media campaign data reports to determine the best way to reach consumers for the Regional LAC Meetings. Danielle Wadsworth will share the reports with Kathy. The Executive Committee would like to hear from the Regional LAC groups if there are additional ways to reach our consumers.

Workgroup is meeting on October 12<sup>th</sup> to determine the best way move forward with the Fall Mental Health Media Campaign.

Tami Lueck makes a motion to reallocate up to \$10,000 for the Mental Health Media Campaign. Tammey Stacey seconds the motion. All in favor, none opposed. Motion carried.

**FYI-Upcoming Trainings/Events:**

Our November 2<sup>nd</sup> Region V+ AMHI Executive Committee will meet in-person at Sourcewell.

**Adjourn:** Meeting adjourned at 11:35am.

===== **Upcoming Meetings:**=====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, November 2<sup>nd</sup>, 2021 from 9:00am-3:00pm.

===== **AGENDA and Meeting Location**=====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

-----

Currently, all Executive Committee and Subcommittee meetings are being held virtually via Microsoft Teams or Webex. Reach out to Danielle Wadsworth ([danielle.wadsworth@sourcewell-mn.gov](mailto:danielle.wadsworth@sourcewell-mn.gov)) for the link to connect.

ALL meetings are open to the public.