

Region V+ Adult Mental Health Initiative Executive Committee Meeting
9:00 AM, Tuesday, July 6th, 2021

This meeting was held virtually via Microsoft Teams.

Executive Committee Members Present:

Michael Steinbeisser	Todd County
Jeff Bowman	Morrison County
Tammy Stacey	Cass County
Julie Lambert	Consumer Rep-Morrison
Kathy Hallbeck	Consumer Rep-Aitkin
Tami Lueck	Crow Wing County
Britne Haasch	Wadena County
Kim Larson	Aitkin County

Others Present:

Danielle Wadsworth AMHI Coordinator-Sourcewell

Convene: 9:00AM

Minutes of 6/1/21: Tammy Stacey motioned to approve the minutes from June 1, 2021. Jeff Bowman seconds. No further discussion. All in favor. None opposed. Motion carried.

9:00 am- Public Comments: No comments

Reports

▪ **Fiscal Host Report**

Tami Lueck presented the Fiscal Host Report with mentioning most areas are at 40-50%.

- Community Education & Prevention- is right at 50%
- Client Outreach- is a little low at 13%. Please submit your requests if you haven't yet.
- Peer Support- is still reporting low at 6%.
- Adult Crisis Stabilization- is at 45%.
- Supported Employment- Counties are reporting low at 19%.
- Northern Pines ACT- is on track at 50%.
- Housing- 26% Nystroms has been paid out. Counties don't forget to submit funding requests.
- ICTS- is at 21%. We will receive billing in July for 2nd quarter.
- Case Management- is at 12%.

Total budget is sitting at 43% halfway through the first year of the budget cycle which is really good. Tami opened the floor for questions and provided answers to help bring more clarity.

- CRE funds were distributed based on county requests. Some counties requested half the allocated funds this year and will request the remaining dollars next year. Some counties requested the full amount this year.

Tami was happy to share AMHIs received an increase for the next 3 years and was passed under the governor's budget. We are not quite sure how funds will be allocated yet. This means there will be an increase for the Crisis Grant. Danielle will send out a

doodle poll for the next Crisis Grant Committee Meeting.

As a reminder Mini Grants are typically done at the end of the grant funding cycle. This will give us a timeline for the end of 2022.

Tami provided clarity on the reasoning behind Peer Support being added to ICTS contracts was to provide services for clients/consumers that were not qualified for ARMHS.

Other Business:

- **Moving Services dollars**

According to the NAMI website, the eviction moratorium has been lifted. RENT HELP MN is available for tenants to apply to provide protection. This will hold through June 1, 2022. Landlords have to send a 60 day notice to their tenant which allows tenants time to apply to renthelpmn.org. This link is posted on the Region V+ AMHI website. NAMI also suggests reaching out to HOME Line. They will be offering webinars on top of providing legal help. Danielle will have this added to the website.

- **Refractions IRTS Facility update**

Refractions presented their startup cost budget for the IRTS Facility. Please see the attached Budget to reference the itemized list of startup costs. Looking to see if Region V+ AMHI can support this funding by reallocating funds from Moving Services.

We will need to put together a contract for the initial funding of the facility startup costs. The contract will define where the dollars are being allocated and how.

Tami Lueck motioned to reallocate up to \$30,000 from the Moving Services budget to put towards the IRTS startup. Kim Larson seconds. No further discussion. All in favor. None opposed. Motion carried.

At our next meeting together, we will ask about uncompensated care.

- **Clay County RFP discussion**

Clay County is looking to pursue a Request for Proposal for a Grantee to design, construct or rehabilitate, furnish and equip facilities for regional behavioral health crisis centers whose purpose is to provide mental health and/or substance use disorder services. Clay County is requesting support as a county partner and be in support of Clay County pursuing this RFP.

Tammey Stacey mentioned Cass county often leverages support in Clay County. Tami Lueck shared it would be very beneficial to support this RFP to continue the bonding structure. Michael Steinbeisser asked if there are concerns in how this could affect the work being done in Region V+ regarding the Greater State of Mind project.

The Executive Committee agreed to craft a letter that states we are in support unless there is an opportunity to provide this service within our Region. We will bring this to the Directors at the next Director's Meeting.

- **Consumer Representative**

Pam Allord resigned as a Consumer Representative as of July 6, 2021. Danielle Wadsworth will send out a request for Consumer Representative applications via email.

- **Greater State of Mind Survey Feedback:**

There was a request to provide feedback on the Greater State of Mind survey experience. Danielle will provide the below feedback to Center for Behavioral Health Integration.

- The survey asks for consumer contact information at the end of the survey causing for concern the responses are not anonymous.

- **Future Region V+ AMHI Meeting cadence:**

As things begin to open back up, the Executive Committee discussed options for Region V+ AMHI Executive Committee and Stakeholder Meetings moving forward. Sourcewell is currently not open for in-person meetings to the public. This could change soon, and Danielle will keep in contact as Sourcewell's timeline shifts. The Executive Committee agreed to tentatively plan for a hybrid meeting for the Executive Committee and Stakeholders in December. The Executive Committee agreed to have hybrid options on a quarterly basis and virtual only options for the meetings in between.

AMHI Website request:

Kim Larson shared a request from Rebecca Snow, the Outreach Coordinator for Start Your Recovery to post information about their organization on our website.

Danielle will add this to the Region V+ AMHI Resource page.

11:00am Regional Transition Specialist Update

Mike Willie joined the Executive Committee to provide an update and go over his report.

There are a few more DNMC days with one additional person making a total for 64 DNMC days.

Mike just received confirmation an individual from Crow Wing County has been accepted along with an individual from Wadena County was recently accepted into a facility. Both of these individuals were possibly counting toward DNMC days. There was a referral from Cass County, but it is too early to tell if they will move to DNMC days. The average DNMC days is 2.3 days per person in the state hospitals. This is the lowest DNMC total days reported yet.

Mike also shared he met with Whatever it Takes grantees to discuss how Region V+ handles the Regional Transition Specialist role. He learned Whatever It Takes is follow-up focused and doesn't focus a lot on discharge planning and placement services. Through this conversation, Mike feels confident to report there is not a lot of overlap between Whatever It Takes and the Regional Transition Specialist role allowing for both to work alongside each other nicely. The key to success will be networking well to leverage each other as necessary.

The What It Takes Grant is issued by the State and helps individuals transitioning out of an ARMTTC. The funding helps in covering different costs during this transition. An example of this is making modifications to a client's home so it is ready for when the client returns home.

Mike provided a brief update on the Greater State of Mind Project. The team is experiencing a lag in responses from providers. They are determining and breaking down barriers by reaching out personally to our providers. The team has learned there is a bit of survey fatigue and wondering if there is anything going to come of this. Mike gave some conversation points for the Executive Committee to share if they hear from a provider that may express reservations on this project.

Tabled Discussions:

- **Stakeholder Housing Workgroup:** The Stakeholder Housing Workgroups were established to discuss different housing challenges. The Stakeholder group was divided into different groups to discuss different topics. Danielle will work with Charitie Herbst to determine how these groups were broken off and what topics were assigned to discuss. With COVID-19, the discussions were put on hold. Now that things are opening back up and the eviction moratorium has been lifted, it might be a good time to bring this back.

The Executive Committee agreed to bring this forward to the next Stakeholder Meeting and ask for their suggestions and input on topics and how to move forward.

Workgroup Reports:

- **Website-** Danielle, Tammey, Jeff, Melissa
Meta13 has joined forces with Vye. This partnership began May 1st and Meta13 has assumed the Vye name.
- **Supportive Housing-** Nathan, Michael, Tammey, Danielle
There hasn't been anything to report regarding the transfer of ownership to Lutheran Social Services.
- **Survey-** Michael, Danielle, Nathan, Pam
We will reevaluate if the Unmet Needs survey should be sent out after the Greater State of Mind results are presented this October.
- **Performance measures/goals-** Tami, Kim, Danielle
Nothing to report.
- **Uninsured Case Management/CCBHC-** Tami, Kim, Danielle
Email communication from DHS stated this is no longer a pilot and there will be continued funding for CCBHCs.
- **Northern Pines Moving Services-** Nathan, Michael
No updates.
- **Transition Specialist-** Michael, Britne, Tami
No updates.
- **Comprehensive Re-entry-** Tami, Pam, Nathan, Kim
Aitkin met with Otter Tail County and their Sheriff's department looking to start a CRE program similar to the one implemented through the Region V+ AMHI. They hope to work with one of the CRE workers in Region V+ to help implement this initiative for their county.

The Law Enforcement Connected Care Coordination is still a pilot. Crow Wing County is anticipating a soft rollout. On July 29th, 2021 there is a panel discussion with MACCSA regarding the sequential intercept model. This will provide an opportunity for an overview and QA session.

- **Community Education-** Danielle, Jeff, Britne, Melissa
Sourcewell has scheduled several events through the remaining of 2021 and into 2022. To check out the training and events click [here](#).

- **Acute Care and IRTS Services/Inpatient Capacity Building** - Nathan, Kim, Michael, Kathy, Danielle
Danielle is waiting to hear back from Refractions regarding the next meeting. We will want to discuss their status, ask if they have questions, and inform them of the funding approval for startup costs. The workgroup will schedule a time to meet with Refractions before and after each Executive Meeting to start and reevaluate as needed.
- **ICTS**- Nathan, Michael, Tammey
Fill out the doodle poll if you haven't already. Danielle will follow up with a meeting invite once everyone responds.
- **Hospital Collaboration**- Kathy, Nathan, Danielle, Tammey, Britne
Danielle reported we have not received any reports or data from the hospitals at this time. Meeting scheduled for July 9th, 2021. Executive Committee team members offered to send a personal email requesting for this data.
- **Mental Health Media Campaign**- Tami, Kim, Kathy, Michael, and Danielle
Directors requested a report quantifying the plan and goals going into this project with the results and outcomes after the campaign was completed. Danielle has been working with Steph to gather this data. She will share with the Directors and the workgroup once the data has been completely captured.

FYI-Upcoming Trainings/Events:

Nothing to report.

Funding Formula Workgroup Meeting update:

Tami Lueck attended the first Funding Formula Workgroup Meeting. They discussed the new funding formula and how it works. The purpose of the workgroup is to find categories or areas that would add additional funding to the formula, based on the region you are located. For example, rural areas or portions of the state that experience higher levels of poverty.

The average rate is slightly lower than what we are currently receiving (\$8.67/person). However, we might meet the criteria for areas that could increase our rate placing at or above our current rate.

DHS shared this will be a phased approach that will take place over the next 2-4 years. The reasoning behind the phased approach is to make sure regions can make adequate adjustments in a manageable way.

Adjourn: 11:30am

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, August 3rd, 2021 from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

Currently, all Executive Committee and Subcommittee meetings are being held virtually via Microsoft Teams or Webex. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect. ALL meetings are open to the public.