

**Region V+ Adult Mental Health Initiative**  
**9:00 AM, Tuesday, April 6<sup>th</sup>, 2021**

This meeting was held virtually via Microsoft Teams.

**Executive Committee Meeting**

**Executive Committee Members Present:**

Pam Allord	Consumer Representative- Morrison County
Melissa George-Humphrey	Leech Lake Band of Ojibwe
Tammy Stacey	Cass County
Jeff Bowman	Morrison County
Kim Larson	Aitkin County
Michael Steinbeisser	Todd County
Tami Lueck	Crow Wing County
Nathan Bertram	Crow Wing County
Julie Lambert	Consumer Representative-Morrison County

**Others Present:**

Danielle Wadsworth	AMHI Coordinator-Sourcewell
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**Convene: 9:00am**

**Minutes of 3/2/21:** Kim Larson motions to approve the meeting minutes from 3/2/2021. Tammy Stacey seconds. No further discussion. All in favor, none opposed. Motion carries.

**9:00 am- Public Comments:**

**Reports**

▪ **Fiscal Host Report**

Tami Lueck presented the March Financial Report and brought forward a few updates.

- Wellness in the Woods has started submitting invoices.
- Coordinator dollars are out.
- There is a slight lag in a few areas of the budget, but 1<sup>st</sup> quarter typically trends a slower start.
- Nothing reported in ICTS- Peer Support yet.
- 23% of budget has been used so far.

Financial Review Document- This has gone out to providers. Tami Lueck realized we will only need to do a financial review to entities that have a fee pay service. She has put in a question with the state to make sure this is accurate.

Tami Lueck provided an update on a new process for submitting invoices and claim forms. This will help track the status of invoices and allow for accountability. Invoices will be sent to Danielle and Tami moving forward. Tami asks counties to fill out the County Tribal Nation Request Form that can be found in the Dropbox. Consumer Representatives were asked to use the new Claim Form found in the Dropbox. These should be emailed to Danielle Wadsworth and Tami Lueck. This will help to make sure they are uploaded to DocuSign and submitted to Tami Lueck and Crow Wing County Accounting Department.

Tami Lueck updated the Executive Committee regarding the request for additional AMHI funding. Governor has reinstated the budget so AMHI will not receive a decrease. MASCA

will move forward with requesting an increase knowing the reform is coming. We need to make sure we are following protocols as DHS continues to work toward monitoring grant dollars and fund distribution through AMHI entities.

Tami Lueck updated the Executive Committee that our contact at DHS, Ashley Warling-Spiegel was promoted. We have not been given an alternative contact yet.

### **11:00 am- Regional Transition Specialist-Mike Willie**

Mike Willie joined the meeting to provide an update to the AMHI Executive Committee. Mike is currently serving 19 clients. Mike reported receiving 5 referrals within one day. Since then, referrals have slowed down.

Mike spoke to the report he shared with the Executive Committee and pointed out ratios of clients in state hospitals has gone up. Other areas of placement are MSHS, St. Peter, and CBHH to an IRTS facility.

Executive Committee asked Mike “What are you experiencing for wait time for CBHH’s?” Mike responded the bottle neck CBHH’s caused cleared up a little bit, but now seems to be heading back to a bottle neck situation. MSHS seems to have a similar pattern. Recognizing the wait time can be long, Mike is proactive in getting started on them right away.

### **Other Business:**

- **Moving Services dollars**

Keeping this on the agenda until we are ready to make a decision on next steps with this service.

- **Policy review (Flex Fund)**

Michael Steinbeisser shared the Flex Fund Policy needs to be finalized along with other policies in the Dropbox need to be cleaned up. Michael asked if individuals are interested in helping with this work? Tammey Stacey, Michael Steinbeisser, Nathan Bertram volunteered. Danielle Wadsworth is available to support if needed.

Executive Committee made some recommendations:

- Update folder organization to include current and archived.
- Change cadence to review these policies on an annual basis.
- Melissa mentioned Tribal Nation should be capitalized in each policy.

Add Policy review to May agenda and attach policies for individuals to review prior to meeting.

- **May- Mental Health Awareness Month**

May is Mental Health Awareness Month. Last year Region V+ AMHI purchased and posted yard signs. Executive Committee agreed to purchase signs using the Community of Care Ads put together by Strateligent. These yard signs will be delivered directly to the location.

- **Claim Forms**

Nothing further to add from the discussion earlier.

- **Define Community of Care**

Aitkin County was asked to define Community of Care on the Aitkin website. Bringing this to the Executive Committee to gain better understand and consistent messaging.

Consumer feedback the Executive Committee continued receiving was the struggle consumers had with accessing Mental Health resources and Mental Health supports. By placing all of those resources and supports in one spot, we hope to better inform the community. The purpose of Community of Care isn't much different than Region V+ AMHI with the only difference being Community of Care encompasses resources and supports for all age groups.

- **Statewide IMD billing and coding issues**

Aitkin Financial Services Supervisors asked if any other counties are having difficulty with billing and coding with individuals in IMD placements. Crow Wing County has seen some issues between financial services and accounting team. Crow Wing County put some processes in place to help work through some of these items. Nathan Bertram will connect contacts from Crow Wing with contacts at Aitkin.

- **Wellness in the Woods- Sourcewell Impact Grant Proposal (see attached)**

Jode from Wellness in the Woods presented a proposal for a Sourcewell Community Impact Funding. The Executive Committee was able to review the proposal and asked Danielle Wadsworth to follow up with Jode on the following items:

1. What would Region V+ AMHI's role be in this project?
2. What is the age range this initiative will impact?
3. We would like to gain clarity on which Community Impact Grant she is applying for. Her parameters match the nonprofit application more than the government application.

The Executive Committee asked that the proposal be sent to the Directors to provide further feedback and gain approval/denial before moving forward.

Danielle will email the Executive Committee once she receives responses from Wellness in the Woods and the County Directors.

### **Tabled Discussions:**

- Stakeholder Housing Sub Committees

### **Subcommittee Reports:**

- **Website-** Danielle, Tammey, Jeff, Melissa

Danielle Wadsworth provided an update for the Executive Committee. There was an email that went out a few weeks ago informing our Stakeholders, Executive Committee, and Directors the new website is live. With that provides some opportunity for improvements like below:

1. AMHI Executive Committee Meeting dates are now posted on the website for 2021.
2. We need to post meeting minutes as well. The Executive Committee recommended posting similar to Region 7E AMHI.
3. Stakeholders were given a template to fill out and submit to Danielle. As these begin coming in, we plan to post this information on the Provider Spotlight section of the website. Executive Committee agreed to post these in order of receiving them. Wellness in the Woods will take the May slot.

- **Supportive Housing-** Nathan, Michael, Tammey, Danielle  
Nathan Bertram provided an update on the RFP for the White Oaks Facility. After evaluating the proposals, CMHP is feeling good about a potential applicant. More to come as CMHP makes a final decision and the provider can be announced.

White Oaks is at full capacity right now.

- **Survey-** Michael, Danielle, Nathan, Pam  
Danielle Wadsworth let the Executive Committee know the survey link was added to the website and emailed out to Stakeholders and Executive Committee along with a printable PDF, and QR Code flyer on March 26th. We have received 11 responses
- **Performance measures/goals-** Tami, Kim, Danielle  
New measures have been sent to providers. Danielle Wadsworth will pull subcommittee together to review these performance measures.
- **Uninsured Case Management/CCBHC-** Tami, Kim, Danielle  
Nothing to update. No feedback from Northern Pines on how it is going.
- **Northern Pines Moving Services-** Nathan, Michael  
Nothing to update at this time. Reminder to the Executive Committee on potential next steps of either reallocating dollars into other services or offer an RFP. Counties provided a brief update on the services they have been using:
  - Aitkin-Used a private moving company using flex dollars. Anyway You Want It Moving out of Grand Rapids, MN.
  - Cass- No one is moving
  - Crow Wing- has quite a few evictions ready to go.
  - Morrison- hasn't had an imminent need for moving individuals.

We will continue doing what we are doing until the need is there.

- **Transition Specialist-** Michael, Britne, Tami  
Nothing to update from Mike Willie's report.
- **Comprehensive Re-entry-** Tami, Pam, Nathan, Kim  
Officer-Involved Community-Based Care Coordination: Crow Wing County is meeting with law enforcement personnel. Aitkin, Cass, and Morrison haven't looked into this yet, but is something they would like to do in the future.
- **Community Education-** Danielle, Jeff, Britne, Melissa
  - NAMI has some great courses that were added to our website events page including: Positive Psychology, In Our Own Voice (IOOV), Question, Persuade, Refer (QPR)
  - Wellness in the Woods also has some classes that have been posted on the website: Virtual WRAP Training, Celebrate You-Aging Gracefully, The Storytellers, Be the Light Annual Conference
  - Sourcewell has some courses available for registration on their website: Bridging Divides 2.0: Leading through difficult situations, Work-Life Integration
  - Bemidji early childhood collaborative- Melissa will send flyer to Danielle to pass along.

- **Acute Care and IRTS Services/Inpatient Capacity Building** - Nathan, Kim, Michael, Kathy, Danielle  
IRTS Facility RFP deadline is this Friday, April 6<sup>th</sup> at 4pm. Danielle will send a doodle poll to the Executive Committee and Mike Willie to fill out and set up a meeting prior to May meeting.
- **ICTS**- Nathan, Michael, Tammey  
No updates at this time.
- **Hospital Collaboration**- Kathy, Nathan, Danielle, Tammey, Britne  
Hospital Collaboration Meeting is taking place on Friday, April 9<sup>th</sup>. Michael Steinbeisser will facilitate. The agenda includes Project Charter approval with an action item on data request.
- **Mental Health Media Campaign**- Tami, Kim, Kathy, Michael, and Danielle  
Tami Lueck provided an update. Media ads for youth and parents have posted. Google analytics wasn't working for a short while, so some data was lost. Should be working now with a report next month.

**FYI-Upcoming Trainings/Events**

**Adjourn:** Kim Larson motions to adjourn the meeting at 11:30am. Tammey Stacey seconds. All in favor, none opposed. Motion carries.

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, May 4<sup>th</sup>, 2021 from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

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The Executive Committee and Subcommittee meetings will be held at Sourcewell: 202 12th St NE, Staples, MN 56479, or in the Conference Room at the Maple Street offices of Northern Pines Mental Health Center located at 823 Maple Street, Brainerd, MN. Subcommittee meetings may be held at Maple Street Office, Crow Wing County Land Services Building Lower Level Meeting Room 1, or the Health Conference Room located on the 1<sup>st</sup> floor of the Crow Wing County Community Services Building.

The large group meetings are held at Sourcewell in Staples, MN or in the lower level meeting room of the Crow Wing County Land Services Building located behind the county courthouse in Brainerd, MN.

Currently, all Executive Committee and Subcommittee meetings are being held virtually via Microsoft Teams or Webex. Reach out to Danielle Wadsworth ([danielle.wadsworth@sourcewell-mn.gov](mailto:danielle.wadsworth@sourcewell-mn.gov)) for the link to connect.

ALL meetings are open to the public.