

Region V+ Adult Mental Health Initiative
9:00 AM, Tuesday, February 2nd, 2021

This meeting was held virtually via Microsoft Teams.

Executive Committee Meeting

Executive Committee Members Present:

Michael Steinbeisser	Todd County
Pam Allord	Consumer Representative- Morrison County
Tammey Stacey	Cass County
Jeff Bowman	Morrison County
Kathy Hallbeck	Consumer Representative- Aitkin County
Melissa George Humphrey	Leech Lake Band of Ojibwe
Tami Lueck	Crow Wing County
Britne Haasch	Wadena County
Nathan Bertram	Crow Wing County

Others Present:

Danielle Wadsworth	Coordinator, Sourcewell
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Convene: 9:00am

Minutes of 1/5/21: Tammey Stacey motions to approve the minutes from 1/5/2021. Jeff Bowman seconds. No further discussion. All in favor, none opposed. Motion carries.

9:00 am- Public Comments: None

Reports

▪ **Fiscal Host Report**

Michael Steinbeisser asked everyone to review the fiscal report and double check their county dollars to make sure they are correct especially where there was a shift (i.e. flex dollars). To request dollars, email Tami Lueck with the total dollar amount and area to pull the dollars from.

Tami Lueck walked through the fiscal host report and shared the following details:

- *RFP Support Services*- \$3,000 for insurance is not included in the total dollar amount.
- *Web design and support*: Purchase of CommunityofCare domain went on the credit card and was paid in January. All Mental Health Media Campaign dollars have been paid through May.
- *Housing planner*- still have some dollars there. Legislatively, Tami feels there will be something coming forward for supportive housing and homelessness.
- *Consumer representative*- Crow Wing County credited back a check that was never cashed.
- *Safe Harbor*- The charge shown is reflecting an expense from the last part of December 2020
- Transition Specialist and AMHI Coordinator will go out now that it is after the 1st of the year. Charitie has submitted the invoice for both.

Tami brought awareness to the committee that the Governor proposed a 6% decrease in funding for AMHI. There is a bill in the works requesting for more funding with hope to at

least remain the same. The reasoning for the cut is due to reported underspending. Tami asked for the committee to be prepared to share success stories AMHI has brought to help support the efforts of the bill.

Other Business:

- **Financial Review- document** – Tami Lueck put together a financial review document to give to providers to assist Region V+ AMHI in auditing provider financial records. This document requests information and documentation for providers to turn in to the AMHI Coordinator or Fiscal Host for review and an audit. There is an option for the provider to select an in-person audit to accommodate if necessary. The financial review document and collection of information would be stored in their grant file. This could help us in the future of collecting mini grant information with payment. The deadline for providers to have all documents returned is March 1st.

Tammey Stacey makes a motion to approve this financial tool for Region V+ AMHI. Jeff Bowman seconds. No further discussion. All in favor, none opposed. Motion carries.

- **Mental Health Media Campaign Update** – Region V+ Mental Health Initiative Facebook page went up last week. We are paying for a boost to help push the ads/messages out there. Counties were asked to share these ads on their Facebook page and each individual can share. Tami mentioned the Facebook account comes with messenger and an inbox. We must talk through how to respond to the Facebook messages. Melissa Humphrey suggested setting up auto responses. Tami Lueck will work with Steph from Strateligent to get this set up. We discovered the Facebook messenger sends automatic questions to individuals that do not necessarily fit the purpose of the Region V+ Mental Health Initiative. Tami Lueck was able to get confirmation from Steph on how to change the automated responses and questions. Melissa George Humphrey suggested referencing the Crisis Line and the Region V+ Mental Health Initiative website in the automated response. Tami Lueck mentioned the #communityofcare website that links to the Region V+ MHI website. There is also a #stayconnectedMN linked with each post.

Newspaper ads have been posted in Shoppers throughout the region. There is a half-page ad that was posted.

Tami shared the website updates with the committee. The main page is new, and the news page has been updated.

- **Consumer Representative** – Michael Steinbeisser will follow-up with checking references. Danielle will reach out to the candidate and send the welcome packet. The selected consumer representative has been active in the Morrison County Drop-in Center.

Tami Lueck approves Julie Lambert as a consumer representative pending follow up with references and Julie. Tammey Stacey seconds. No further discussion. All in favor, none opposed. Motion carries.

- **IRTS Facility RFI Update** – Kathy Hallbeck was unable to make it to the IRTS Facility RFI Interviews. Michael Steinbeisser will send meeting notes to Kathy to follow-up. Michael Steinbeisser and Nathan Bertram provided an update for each provider interview.

The sub-committee was not able to bring a recommendation but wanted to discuss next steps with the Executive Committee. Nathan mentioned there have been reference checks completed for each provider. Tami Lueck mentioned putting together an RFP to gain further details from each provider to make a recommendation to the Executive Committee. The sub-committee will meet the week of February 15th to put together an RFP for providers to complete.

- **Moving Services next steps** – Northern Pines no longer wants to continue providing moving services. The Executive Committee will have to decide how to move forward with this service in each county and the dollars allocated for this service in the 2021 budget.

One suggestion was to leave it up to the county to decide on a solution that works best for them. Some counties have leveraged the sentence-to-serve individuals to provide this service and found it successful. Tammey Stacey mentioned Cass County has not done this in the past and Michael Steinbeisser also mentioned Todd County has not done this in the past. Britne Haasch shared that Wadena has leveraged this option for a solution. It was also mentioned there were dollars provided to Northern Pines Moving Services from AMHI for a vehicle in 2018 and again to cover over budgeting in 2016. Tammey Stacey suggested seeing if there are other providers interested in providing this service. Cass County and Morrison County used Northern Pines for this service often and found it beneficial. Although they haven't had to leverage the service recently due to COVID, they would like to be proactive for when COVID subsides and they need to move people. Jeff Bowman said Morrison will be reaching out to the sheriff's department to leverage sentence-to-serve. Nathan Bertram shared his experience with MN Teen Challenge and leveraging flex dollars as positive. MN Teen Challenge has helped Crow Wing County with 6 moves. Michael Steinbeisser suggested counties to use community services for now and see if there are significant barriers. If there are, we should consider a RFI or RFP to connect with a provider to provide moving services for the region. Tami Lueck agreed to wait and circle back in May to re-engage this discussion. This will allow an opportunity to put together a RFP and have something in place for the remainder of the year.

Tami Lueck wonders if these funds will be considered a priority as AMHI's are experiencing a decrease in funding. Michael suggested shifting half the moving services dollars to elsewhere as we will not have this service for the first half of the calendar year. The Executive Committee agreed to bring this forward to the March meeting as we make decisions on dollars necessary for an IRTS facility and Peer Support provider.

- **Peer Support RFP** – Wellness in the Woods was the only responder of the Peer Support RFP. They requested \$43,000. The Executive Committee agrees they've shown growth during the pandemic, provide a variety of diverse topics, and consumers have benefited. The Committee is impressed by the continuity they have been portrayed during the pandemic. Kathy Hallbeck shared her experience attending these meetings and finds them beneficial. Her recommendation is to expand their sessions into the evening hours. The Executive Committee wondered if there were any measures being reported on number of attendees. Tami Lueck shared Jode has reported attendance numbers and the amount of returning vs new attendees each month. Last month Jode reported 92% of attendees were returning. Michael Steinbeisser mentioned the Virtual Peer Support Network model is set up to last past the pandemic and could be used once individuals are able to meet in person again. Kathy Hallbeck agrees it has been great to have this virtual option and not worry about transportation. Melissa George Humphrey added this could even benefit people with child barriers.

Tami Lueck went through our budget to determine where to pull the funds for this RFP from. She explained community education is where we were funding VPSN and currently we have \$15,139. There are funds in Peer Support, and we could leverage these funds. We also have funds in moving services that we can shift.

Tami Lueck makes a motion to approve funding for 2021 at \$43,000 for the Wellness in the Woods Peer Support service. We will move \$27,861 from moving services to support services under community education. Tammey Stacey seconds the motion. Tami will make sure the funds are moved under the correct brass code. All in favor, none opposed. Motion carries.

Danielle will draft a contract with Wellness in the Woods for all calendar year 2021. Previous contract has not been fully executed and Danielle will pull that contract away. We will work with Jode on her reporting and payment schedule. The contract will include performance measures to mimic other AMHIs and include attendance numbers (with a better understanding of how she is counting attendees), location of attendee, and a customer survey.

- **Peer Support Specialist added to Nystrom ICTS Contract** – The Executive Committee gained clarity on the changes that needed to be made to include the Peer Support Specialist description to the Nystroms ICTS contract. Tami Lueck makes a motion to add peer support specialist description to the Nystroms contract for their ICTS services. Melissa George Humphrey seconds the motion. Tami Lueck explains we will leave additional funding for now and talk with Nystroms about their additional funding needs. All in favor, none opposed. Motion carries.
- **March 2nd Stakeholder Meeting Agenda**
We will host the Stakeholder meeting via WebEx and add one agenda topic regarding an update to Mental Health Media Campaign. If other topics come up, please share them with Danielle. She will have the agenda sent to the AMHI Executive Committee and Stakeholder group on Monday, February 22nd.
- **DCT-Prioritization List** – Tami Lueck brought forward awareness around a letter sent to MACSSA from DCT regarding changes in placements of Rule 20s at the facilities in St. Peter. There is a survey being initiated regarding a prioritization list that may have been shared with county supervisors by their County Directors. The survey asks for a top five priority and after reviewing the list, it is hard to pick only five. Tami Lueck was reaching out to see if there was any consensus amongst the group regarding this list and felt everyone was on a similar page.

Tabled Discussions:

- Stakeholder Housing Sub Committees – leave this on here for now.

Subcommittee Reports:

- **Website**- Danielle, Tammey, Jeff, Melissa
Danielle updated the Executive Committee on the potential of changing the title “County” on the Resource Page to read “County & Tribes”. Melissa George Humphrey recommended changing to “County & Tribal Nation”. Danielle will work with Meta 13 to have this updated. The cost incurred is \$25.
- **Supportive Housing**- Nathan, Michael, Tammey, Danielle
Nathan Bertram reported receiving communication with White Oaks experiencing anticipated growing pains. They are trying to sort through how and what they can do.
- **Survey**- Michael, Danielle, Nathan, Pam
Subcommittee is meeting on Friday to work through survey questions and avenues we can leverage to post the survey. Tami Lueck thought it would be great to see if we could leverage the new Facebook page to push the survey link. We could work with Strateligent in their communication strategy to see if we can work the survey link in a communication. Pam Allord noted she is unable to make the meeting on Friday.
- **Performance measures/goals**- Tami, Kim, Danielle
Subcommittee is meeting on February 9th to review 2020 Q4 Performance Measures. Providers are having to report to MHIS and AMHI. Make sure providers are submitting both.
- **Uninsured Case Management/CCBHC**- Tami, Kim, Danielle
It was decided to go with the monthly service hit rate and not consider CCBHC rate. Reduced the overall contract amount with an increase in rate.
- **Northern Pines Moving Services**- Nathan, Michael
Nothing further to add from previous discussion. We will leave this listed as a subcommittee until we determine the need for an RFI/RFP in May.
- **Transition Specialist**- Michael, Britne, Tami
Subcommittee met with Mike Willie on January 27th. The new referral form is now in place. Mike is reaching out to counties to connect with teams and cases. Mike participates with Crow Wing County on a weekly basis. Quick reminder to get cases to him earlier if possible.
- **Comprehensive Re-entry**- Tami, Pam, Nathan, Kim
Still doing things remotely. Less in volume. Michael Steinbeisser mentioned a new form that came out on e-docs for officer involved care coordination. The form is titled DHS 7340 and has a nice checklist on it for providers to fill out. A question was posed with the new form, how do we determine what the officer fills out? Each county will have to work with their PD and determine what will work best for them.
- **Community Education**- Danielle, Jeff, Britne, Melissa
Danielle mentioned two opportunities being put on by Sourcewell:
 1. Bridging Divides 2.0: Leading Through Difficult Situations. Part 1 took place in September and Part 2 will take place in April.
 2. Managing Communications Post-COVID will take place March.You can register for these here: <https://www.sourcewell-mn.gov/services/mn-programs/community/professional-development/training>

- **Acute Care and IRTS Services/Inpatient Capacity Building** - Nathan, Kim, Michael, Kathy, Danielle
Committee will schedule a meeting to put together an RFP. Respond to the Doodle Poll sent by Danielle so a meeting can be scheduled.

- **ICTS-** Nathan, Michael, Tammey
Nothing more to add from Peer Support discussion on Nystroms ICTS contract.

- **Hospital Collaboration-** Kathy, Nathan, Danielle, Tammey, Britne
Danielle is still needing contacts for Lakewood Health Systems, CentraCare, Essentia Health, and Cuyuna Regional Medical Center. Danielle will send a meeting invite out for March for the next hospital collaboration meeting once all contacts have been sent.

- **Mental Health Media Campaign-** Tami, Kim, Kathy, Michael, and Danielle
Nothing further to add.

FYI-Upcoming Trainings/Events

Adjourn: Tami Lueck motioned to adjourn the meeting at 1:32pm.

===== **Upcoming Meetings:** =====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, March 2nd, 2021 from 9:00am-3:00pm.

===== **AGENDA and Meeting Location** =====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

The Executive Committee and Subcommittee meetings will be held at Sourcewell: 202 12th St NE, Staples, MN 56479, or in the Conference Room at the Maple Street offices of Northern Pines Mental Health Center located at 823 Maple Street, Brainerd, MN. Subcommittee meetings may be held at Maple Street Office, Crow Wing County Land Services Building Lower Level Meeting Room 1, or the Health Conference Room located on the 1st floor of the Crow Wing County Community Services Building.

The large group meetings are held at Sourcewell in Staples, MN or in the lower level meeting room of the Crow Wing County Land Services Building located behind the county courthouse in Brainerd, MN.

Currently, all Executive Committee and Subcommittee meetings are being held virtually via Microsoft Teams or Webex. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect.

ALL meetings are open to the public.