

Region V+ Adult Mental Health Initiative
9:00 AM, Tuesday, January 5th, 2021

Executive Committee Meeting

Executive Committee Members Present:

Michael Steinbeisser	Todd County
Jeff Bowman	Morrison County
Kathy Hallbeck	Consumer Representative-Aitkin County
Tammy Stacey	Cass County
Pam Allord	Consumer Representative- Morrison County
Britne Haasch	Wadena County
Melissa George-Humphrey	Leech Lake Band of Ojibwe
Nathan Bertram	Crow Wing County
Kim Larson	Aitkin County

Others Present:

Danielle Wadsworth	Coordinator-Sourcewell
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Convene: 9:05am

Minutes of 12/1/20: Kim Larson motions to accept the minutes from 12/1/2020. Tammy Stacey Seconds. No further discussion. All in favor, none opposed. Motion carries.

9:00 am- Public Comments: None

Reports

▪ *Fiscal Host Report*

Tami Lueck is out of the office this week. Nathan Bertram shared the financial report with Danielle. Danielle will pass along to the Executive Committee to review. This will be revisited in February as there could still be some minor tweaks. If anyone should have specific questions, bring those to Tami Lueck directly.

11:00am-Regional Transition Specialist Update-Mike Willie

Mike Willie shared a report that captured referral dates, total clients served, clients in state hospitals, clients in other places, clients with DNMC days with a total DNMC days and average DNMC days per client in state hospital. Danielle sent this report to the Executive Committee. Cass County still has one individual making the quantity of DNMC days high. Over the last six months the total clients served in state hospitals and clients served in other places are climbing to be equal. Mike is currently serving 18 clients. This total was broken out by location and county based on a request from the Directors.

Mike provided an update on a new referral form. This form was shared with the Executive Committee.

Sourcewell is working through a Regional Mental Health Needs Assessment. Currently interviewing potential consultants to come up with an actionable plan to service the mental health gaps in our region that is achievable and smart.

Kim Larson shared positive feedback given from her case managers. Jeff Bowman shared the feedback he has received regarding Mike Willie's wealth of knowledge. Michael Steinbeisser expressed his impressiveness with the numbers shared by Mike. Mike is currently working through regularly scheduled meetings with supervisors.

Other Business:

- *AMHI Hospital Collaboration Project Charter*
 - The Hospital Collaboration Project Charter was shared with the Executive Committee. Nathan Bertram walked the committee through the project charter.
 - **Please send your County Hospital Emergency Department Contacts to Danielle by January 31st.**
 - Danielle will send a doodle poll once all contacts have been shared. The goal is to have the next Hospital Collaboration Meeting scheduled for March with a presentation of the Project Charter. It will be important to gain feedback from all ED contacts before finalizing and approving the Project Charter.
 - Please share additional concerns and feedback with the sub-committee.

- *Mental Health Media Campaign Update*
 - Tami Lueck requested an approval for additional funding via email for the Mental Health Media Campaign.
 - Kim Larson motions to authorize up to \$120,000 for the Media Campaign. Tammey Stacey seconds. No further discussion. All in favor, none opposed. Motion carries.
 - Kathy reviewed the first initial radio ads and provided great feedback. We are waiting for a second draft for the radio ads.

- *Consumer Representative Application Review*
 - The Executive Committee reviewed the Consumer Representative Application. Pam Allord mentioned the applicant has participated in the Morrison County Drop-in Center and was very insightful and dependable.
 - The committee verified consumer representatives earn \$75 per meeting plus mileage to get to Staples, MN for in-person meetings.
 - Kim Larson suggested letting the applicant know the time commitment of being a part of the AMHI. There is a one full day meeting each month along with additional meeting times depending on if they were to join a subcommittee.
 - Michael Steinbeisser will reach out to the applicant and do a reference check. We will vote on this at the February AMHI meeting. Danielle will follow-up with the candidate to provide a welcome packet and answer any questions they have.

- *IRTS Facility RFI Update*
 - The subcommittee has reached out to counties and AMHI's the IRTS facility responders currently have facilities in to gain an understanding on funding and experience.
 - Michael and Nathan have not received answers to the questions posed, but recognize we are just getting through the Holidays and will give it some more time.
 - It was suggested to bring forward to Statewide Supervisor Meeting.
 - The subcommittee is meeting again on January 8th to put together a list of questions for the providers that responded and plan for next steps.
 - This will be added to the February AMHI Meeting agenda.

- Northern Pines Moving Services
 - Northern Pines moving services notified us they are not able to start this service for several months down the road and not interested in moving forward with a contract.
 - Counties have been positioned to figure out an alternative route to take since COVID was initiated and will continue to do so. MN Teen Challenge has assisted with a couple moves.
 - This will have to be carried over on future agendas to determine next steps.
- Peer Support Specialist addendum to Nystrom ICTS Contract
 - Nystroms remains the only provider that responded to leveraging a Peer Support Specialist for the ICTS services.
 - This will be added to the February AMHI Meeting agenda.
- VPSN RFP
 - All responses are due on January 15th.
 - Review of responses will be added to the February AMHI Meeting agenda.
- Reassign subcommittees
 - Michael Steinbeisser walked through each subcommittee allowing for new executive committee members to join different subcommittees.
 - You will find the updated list of members in each subcommittee report below.

Tabled Discussions:

Michael revisited these discussions to see if anything needed to be added or removed.

- Housing Hotel/Motel Idea for Respite/Crisis Respite- this is still on hold. Executive Committee agreed to remove this.
- In-Reach Services- Executive Committee agreed this is something the hospitals will have to work through handling and to remove this from future agenda topics.
- Stakeholder Housing Sub Committees – Executive Committee would like to keep this on the agenda for further discussion after COVID subsidies. As awareness, there is an upcoming PIT (point-in-time) count on January 21st, 2021. There is usually an event held to gain a count of homeless individuals. This count is used to allocate funding resources.

Subcommittee Reports:

- **Website**- Danielle, Tammey, Jeff, Melissa
 - An ADA plug has been added to the website.
 - We are still working to gather resource links to include on the website.
 - communityofcare.org is now linked to the region5mentalhealth.com website to accommodate the mental health media campaign. The radio ads will tell consumers to visit communityofcare.org to leverage the resources provided in our region.
 - Danielle will schedule a time for Tammey, Jeff, and Melissa to train on the website.
- **Supportive Housing**- Nathan, Michael, Tammey, Danielle
 - No recent updates. White Oaks is full and a second townhome building just opened at the end of December. They still have openings that are not a GRH.
- **Survey**- Michael, Danielle, Nathan, Pam
 - Danielle will resend the doodle poll to the subcommittee to find a time to meet regarding survey questions and avenues for distribution.
- **Performance measures/goals**- Tami, Kim, Danielle
 - Danielle will send updated responses from providers regarding the pending

questions from the 3rd quarter review of performance measures and goals.

- **Uninsured Case Management/CCBHC**- Tami, Kim, Danielle
 - It was decided to remove RN from the title of this committee as RN is not required for this service anymore.
 - Kim Larson and Danielle Wadsworth met with Northern Pines on December 18th to gain clarity on their uninsured case management and CCBHC encounter rate.
 - Northern Pines recognized their caseload decreased over the years. They explained individuals are being assumed under CCBHC with the other reason being a capacity issue. Kim explained to Northern Pines their 2021 contract for Targeted Case Management has been decreased based on the decreased usage in 2020.
 - Kim Larson explained the approach Region V+ AMHI takes on determining a Targeted Case Management reimbursement rate. It is the average rate from the 6 counties. When Northern Pines was asked what their CCBHC encounter rate was, they responded with they do not give that information out.
 - Kim has contacted other AMHI's that work with agencies similar to Northern Pines that also provide CCBHC. She has not heard back from the contacts at those AMHIs.
 - Executive Committee was hesitant in providing the encounter rate with no cap.
 - Kim Larson will put together an email to the Directors to explain the conversations and discussions that have taken place since the Region V+ AMHI Board Meeting. We are not able to move forward with a contract with Northern Pines until the rate is determined and approved.

- **Northern Pines Moving Services**- Nathan, Michael
 - Committee decided to keep this subcommittee until a decision has been made by AMHI Executive Committee on how to move forward with moving services.

- **Transition Specialist**- Michael, Britne, Tami
 - Michael Steinbeisser added Britne Haasch to reoccurring invite with Mike Willie.
 - Subcommittee had nothing to add from Mike Willie's presentation.

- **Comprehensive Re-entry**- Tami, Pam, Nathan, Kim
 - Nathan Bertram shared jail numbers are low in Crow Wing County with a 70% drop. It is difficult to compare data from previous years as this appears to be an outlier year. Kim Larson shared the increase of individuals in Aitkin jail system due to Enbridge protestors. This has been ongoing.

- **Community Education**- Danielle, Jeff, Britne, Melissa
 - Subcommittee had nothing to report
 - AMHI Executive Committee defined this as any education around behavioral and mental health.
 - Kathy Hallbeck suggested providing education that is COVID related around handling grief during this time.

- **Acute Care and IRTS Services/Inpatient Capacity Building**- Nathan, Kim, Michael, Kathy
 - Subcommittee had nothing further to report with the IRTS RFI update.

- **Hospital Collaboration**- Kathy, Nathan, Danielle, Tammey, Britne
 - This subcommittee has been added to assist with accountability and making sure we

don't lose sight of this initiative in between Hospital Collaborative Meetings.

- **ICTS-** Nathan, Michael, Tammey
 - Danielle will reach out to Tami Lueck regarding funding for the Peer Support Specialist proving ICTS services.
- **Media Campaign-** Tami, Kim, Kathy, and Danielle
 - This subcommittee has been added to assist in the implementation of the Mental Health Media Campaign for Region V+.

FYI-Upcoming Trainings/Events:

- PIT

Additional Discussion:

- Kathy Hallbeck mentioned the West Coast implemented a community Crisis Team approach that has assisted in diverting individuals from the jail system. Kathy will send article to Danielle to pass along to the executive committee.

Adjourn: Kim Larson motions to adjourn the meeting at 1:25pm. Tammey Stacey seconds. All in favor, none opposed. Meeting adjourned.

=====**Upcoming Meetings:**=====

The next AMHI Region V+ Executive Committee meeting will be held on Tuesday, February 2nd, 2021 from 9:00am-3:00pm.

=====**AGENDA and Meeting Location**=====

To add an item to the agenda or to address the committee during the discussion of an agenda item, please make prior arrangements with the Chair or Coordinator. The Public is invited to participate in the "Public Comment section" of the meeting.

The Executive Committee and Subcommittee meetings will be held at Sourcewell: 202 12th St NE, Staples, MN 56479, or in the Conference Room at the Maple Street offices of Northern Pines Mental Health Center located at 823 Maple Street, Brainerd, MN. Subcommittee meetings may be held at Maple Street Office, Crow Wing County Land Services Building Lower Level Meeting Room 1, or the Health Conference Room located on the 1st floor of the Crow Wing County Community Services Building.

The large group meetings are held at Sourcewell in Staples, MN or in the lower level meeting room of the Crow Wing County Land Services Building located behind the county courthouse in Brainerd, MN.

Currently, all Executive Committee and Subcommittee meetings are being held virtually via Microsoft Teams or Webex. Reach out to Danielle Wadsworth (danielle.wadsworth@sourcewell-mn.gov) for the link to connect.

ALL meetings are open to the public.