

REGION V+ ADULT MENTAL HEALTH INITIATIVE

Including AITKIN, CASS, CROW WING, TODD, MORRISON, AND WADENA Counties and the Leech Lake and Mille Lacs Tribal Nations

RFP: Request for Proposal

Introduction

The Region V+ Adult Mental Health Initiative (AMHI) has determined there is a need for an IRTS (Intensive Residential Treatment Service) facility to meet the needs of the region's adults who have a serious mental illness (SMI) or co-occurring serious mental illness and substance use disorder (sometimes referred to as dual diagnosis or MI/CD).

Purpose/Goal:

The Region V+ Adult Mental Health Initiative is requesting proposals from providers interested in developing and operating an IRTS to serve all of Region V+. The Region V+ Adult Mental Health Initiative will begin an ongoing discussion with a potential provider.

Background Information:

The Region V+ AMHI works to identify and address gaps in the mental health service continuum in our region. One such identified gap is the need for a longer-term (up to 90 days), rehabilitation-oriented, treatment facility or IRTS. Our region finds that many individuals who would be served at this level of care are being placed far from their home community. This placement separates people from the formal and informal resources that could serve them well in rehabilitation and recovery. An IRTS facility closer to individuals in our region would more readily facilitate transition back to their home community and the services that they will be utilizing when they are discharged.

Per survey data, during 2019 more than 15 individuals were placed in IRTS facilities outside of our region and 19 additional individuals were placed in facilities that provided a sub-optimal level of care for the individual because IRTS beds were not available.

Region V+ currently has 2 IRTS facilities in our region, however both of those facilities are MSHS facilities and serve primarily committed individuals. One of the MSHS facilities specializes in serving individuals with brain injuries and therefore is limited in accepting other individuals.

Another gap identified revolves around mental health services for individuals with extensive criminal justice histories. In efforts to address this gap the Region V+ AMHI has worked with partners in law enforcement to develop a Comprehensive Re-Entry Program (CRE) to address mental health and substance use disorder needs for those involved in the criminal justice system. The Region V+ AMHI would like responders to address services for those with criminal justice histories in their responses.

Region V+ AMHI requests the following factors considered and addressed in any response to this RFP:

- Staffing patterns and programing that would allow individuals to receive a relatively high level of care, meeting individuals needs up to and including prevention of mental health hospitalization.
- The potential to utilize peer support specialist/peer recovery specialist in program development and implementation.
- The potential to serve people with intensive criminal justice histories.
- The facility philosophy and values should reflect person centered care.
- It should be noted that any residential facility with more than 6 beds would need to meet conditional use requirements imposed by local zoning authorities.

General Requirements:

- All respondents must meet the DHS requirements published in the current rate-setting manual for CRS and IRTS.
- Agencies will identify specific cultural competencies or expertise.
- The program must be able to accept and treat the MI/CD resident.
- The AMHI has historically preferred a “zero reject” model for admissions to ensure that everyone is afforded consideration and support on their path to recovery. But it is also understood that individual special needs may require additional negotiations and individualized supports to assure safety and program success.
- A collaborative approach in working with other providers in the region, including, but not limited to, mental health providers, substance use disorder provider, adult foster care providers, law enforcement, county social services, certified peer support specialist, and housing supports.

Resources:

Here is the link to the DHS website with more information on IRTS:

https://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id_058155

Instructions for Responding to this RFP:

1. Any respondents should submit a proposal in regards to their capability to develop this facility, and describe their vision for how it would be designed, staffed and managed.
2. Identify how you will address the physical and cultural needs of participants assuring services are equitable and inclusive including but not limited to: non-English speaking, disability, race, color, gender, sexual orientation, and creed.
3. Indicate any ideas for enhancement of the IRTS program.
 - a) Responders may include one or more unique proposals to meet the need in the six counties listed.
4. Please include funding options, sustainability, program design, and methods of serving Region V+, including a potential MI/CD, and criminal justice population.
 - a) Please give consideration to start up needs/requests.

- b) Please give consideration to ongoing needs/requests.
5. Please describe your estimated timeline to have a facility to be up and running.
 6. Projected location of your proposed facility.
 7. Responses should be written in narrative form and pages numbered appropriately.

Proprietary Information:

Responders should be aware that any information provided becomes public information and the responsibility of removing or redacting proprietary information that the responder wants kept private is solely the responsibility of the responder prior to submission of information to Region V+ AMHI.

Other:

The AMHI retains the right to reject any and all submissions, issue a subsequent interview, choose to negotiate with the provider submitting the preferred submission or decide to take any other action deemed appropriate by the Region V+ AMHI.

Important Dates:

Questions may be submitted to Danielle Wadsworth at danielle.wadsworth@sourcewell-mn.gov through **12:00 PM on March 26th, 2021**.

Electronic copies of the response should also be sent by email to Danielle Wadsworth at danielle.wadsworth@sourcewell-mn.gov by **4:00 PM on April 9th, 2021**.

RFI contact:

Danielle Wadsworth
danielle.wadsworth@sourcewell-mn.gov
AMHI Region 5+ Coordinator

Date Posted:

Friday, March 5th, 2021