

MARCH 2021

Hours 9am-4pm

Morrison County Drop In Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10am Conflict resolution 2:30pm How not to repeat yourself	2 10am Communication skill 2:30pm Friendship	3 10am Crafts 2:30pm Honesty	4 10:45am Peer mgt 2:30 pm Setting New Boundries	5 10am Friendliness 2:30pm Coloring	6
7	8 10am Lend a helping hand 2pm How to deal with impossible	9 10am How do we react to stigma 2:30pm Depression	10 10am Crafts 2:30pm Positive affirmations	11 10am Uncomfortable changes 2:30pm How to deal with impossible people	12 10am Respect 2:30pm Trust	13
14 DAY LIGHT SAVINGS TIME. PUT CLOCKS 1 HOUR AHEAD	15 10am Listen 2:30pm Boundries	16 10am How not to repeat yourself 2:30pm Self Care	17 St. Patrick's Day 10am Crafts 2:30pm Nutrition	18 10am Mediator 2:30pm Depression	19 10am Others shoes 2:30pm Table talk	20 Spring Starts
21	22 10am Understand the problem 2pm Assertiveness	23 10am Compromise 2:30pm Anxiety	24 10am Crafts 2:30pm Setting new boundries	25 10am Seek expert help 2:30pm Trust	26 10am Speak without interruption 2:30pm Grieving	27
28	29 10am Honesty 2:30pm Politness	30 10am State Side clearly 2:30pm Schizophrenia	31 10am Positive affirmations 2:30pm Trust			
NOTES: 4-10:45am Peer Meeting 14-Day light saving time put clocks 1 hour ahead 17-St. Patrick's Day 20-Spring starts						

Fun Fact:
St. Patrick's Day is a traditional day for spiritual renewal



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Coming together is a beginning; keeping together is progress; working together is success~Henry Ford