

Virtual QPR: Suicide Prevention Training

Spots are limited – Register Here: <https://forms.gle/ydFYueQT6iHHYefT9>

QPR for School Faculty & Staff (Thursday, November 5th) 2-3:30 PM

QPR for Coaches (Thursday, November 12th) 2-3:30 PM

QPR for Community & School Leaders (Thursday, November 19th) 2-3:30 PM

QPR for Faith-Based & Community Leaders (Thursday, November 26th) 2-3:30 PM

What is QPR?

QPR (Question, Persuade, Refer) is a 1½ hr training that teaches interventions and skills that community members need when encountering a possibly suicidal person.

What can I expect?

The training provides background information on suicide prevention, discusses the QPR method in depth, and provides time for questions.

Class members will:

- Be equipped with skills necessary to recognize someone at risk for suicide
- Be able to demonstrate increased knowledge of intervention skills
- Be able to describe knowledge of referral resources
- Know how to refer someone to help

Who needs to know QPR? Everyone!

Questions? Please contact Ali Randall, NE MN Suicide Prevention Coordinator at Carlton County Public Health and Human Services (218-461-7089)