

MENTAL HEALTH DAY ON THE HILL

Thursday, March 14, 2019

Program:

8:30 a.m. – 2:00 p.m.

This session is at the intermediate level and is designed for psychologists and other mental health professionals.

Location:

This event takes place at both Ewald Conference Center (1000 Westgate Drive, St. Paul, MN 55114) and the Capitol (75 Rev. Dr. Martin Luther King, Jr. Blvd., Saint Paul, MN 55155)

About the Program:

Continuing education credits are awarded only for the 8:30 a.m.-10 a.m. portion of the program for a total of 1.5 CE credits.

Graduate school typically provides minimal training in advocacy yet it is an important skill for psychologists. Mental Health Day is scheduled for March 14, 2019. The day will begin with a continental breakfast and a presentation focused on didactic and skills' based training related to advocacy for psychology and the needs of the individuals we serve. The presentation will consist of: provision of information about the legislative process; information about the importance to psychology of legislative advocacy; and discussion of techniques for effective advocacy. Current legislative issues of concern to psychologists and those with mental health needs will be described, including the Provider Tax, information about licensure proposals for Behavior Analysts, and discussions underway to change MN Medicaid standards for outpatient mental health services. Participants will observe a demonstration of a conversation with a legislator about issues of concern to psychology. Participants will then role play a discussion with a legislator. Questions will then be taken from the audience. Prior to leaving for the Capitol, participants will complete an evaluation of the presentation. Following such completion, participants will be provided with CE certificates. Presenters include Trisha A. Stark, Ph.D., LP, M.P.A. chair of the legislative committee and Federal Advocacy Coordinator, and Bill Amberg, M.A., J.D., MPA's lobbyist.

Upon completion of this session, participants will be better able to:

1. Describe effective advocacy strategies.
2. Apply strategies through role play to become an effective advocate for psychology.

About the Presenters:

Trisha A. Stark, Ph.D., LP, M.P.A.; Ph.D., in Clinical Psychology from University of Miami. Dr. Stark also has a Master's of Public Affairs from the Humphrey school of Public Affairs at the University of Minnesota, and a certificate in leadership in health information technology from the School of Nursing at the University of Minnesota. She is currently pursuing a Master's of Jurisprudence in Health Law at Loyola University in Chicago.

Current Professional or Work Affiliation: Private Practice and legislative advocacy for psychology, the people we serve, and to encourage electronic care coordination to improve healthcare outcomes for individuals with complex conditions including serious mental illness.

William J. Amberg, M.A., J.D., in law from American University in Washington D.C, and practices law at the Amberg Law Office. Mr. Amberg has nearly three decades of experience in politics and law in St. Paul, Washington, D.C. and across the country. He has expertise lobbying in the areas of healthcare, environment, agriculture, taxation, and local government, amongst others. Mr. Amberg's past work settings include the U.S. House of Representatives, Director of Communications and Research for a state political party, and Assistant Attorney General in the Health and Antitrust Division of the Minnesota Attorney General's Office.

Please note: You must attend the full program to get 1.5 continuing education credit for the event.

If you are interested in participating, please send your name, home address, phone, and email address to Ruth at ruth@trishastarkphdhp.com. This information is needed to schedule legislative appointments. Please notify us by Friday, February 15 if you would like to participate.

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8:30 a.m.	Brief Introduction and Welcome to Mental Health Day on the Hill <i>Susan McPherson, Ph.D., LP, president, Minnesota Psychological Association</i>
8:30 a.m. – 8:55 a.m.	Beyond “Schoolhouse Rocks.” How citizen needs become legislation and law. A description of the formal process and the “sausage making” that happens behind closed doors. <i>Bill Amberg, J.D., Lobbyist for Minnesota Psychological Association</i>
8:55 a.m. – 9:20 a.m.	Issues of interest currently before the legislature will be presented including: funding proposals to increase provider availability, information about proposed behavior analyst licensure, and information about a mental health parity bill designed to ensure equity in mental health services. Current state level stakeholder engagement processes to improve mental health services and delivery will be described. <i>Trisha A. Stark, Ph.D., LP, M.P.A., Legislative Chair and Federal Advocacy Coordinator for Minnesota Psychological Association</i>
9:20 a.m. – 9:40 a.m.	Tools for advocacy: building relationships with legislators and engaging in stakeholder policy change. Talking to legislators about issues of concern. Role-play demonstration of how to talk with lawmakers. Bill Amberg, J.D. and Trisha A. Stark, Ph.D., LP, M.P.A.
9:40 a.m. – 9:50 a.m.	Participants will practice role play discussions with a legislator
9:50 a.m. – 10:00 a.m.	Question and Answer Opportunity
10:00 a.m.	Completion of evaluations and certificate distribution*
10:05 a.m.	Participants carpool over to the State Capitol to begin scheduled meetings with legislators*
11:15 a.m. – 12:00 p.m.	Mental Health Legislative Network Rally in the Capitol Rotunda*
10:30 a.m. – 2:00 p.m.	Participants can eat lunch (not provided) at the Capitol or in the Transportation Building and attend meetings with legislators*
2:00 p.m.	Debriefing in Transportation Building Cafeteria*

*CE not awarded

Register online @ www.mnpsych.org

Return To:

Minnesota Psychological Association

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The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.



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