



**SEPTEMBER 15TH, 2018- SOURCEWELL,
STAPLES MN-202 12TH STREET NE**

REGISTRATION 8AM-PROGRAM 9-4

UNITY IN COMMUNITY

Sixth Annual Wellness Conference

Join community members from across Mn at the annual Wellness in the Woods conference. Good people, good food, prizes, CEUS for peer specialists, video selfies

\$50 for non-members, \$25 for members- Membership information at: www.mnwitw.org

Register at Eventbrite: <https://tinyurl.com/y7bsbfcv>

Mails checks to: Wellness in the Woods 738, 3rd Ave NW, Eagle Bend MN 56446



THE HIDDEN IN PLAIN SIGHT TRAILER WILL BE AVAILABLE TO VISIT AT THE CONFERENCE. ADULTS WILL GAIN INFORMATION ABOUT WHERE YOUTH MAY HIDE ILLEGAL DRUGS

Keynotes

Jerry Osterloh- Losing a son to addiction- "Andrew's Empty Shoes"

Mark Watson- From meth to mentor. Cass Lake native, peer specialist and recovery coach. His story of going from the depths of addiction to recovery

Morning Break Out Sessions

Vitals- The simple free tool that anyone can use to share their crisis plan with caregivers or emergency responders

Veterans, Firearms and Suicide.-Todd Kuikka

Native American Medicine, Native American Ways to Heal-Marvin White

Drug courts- Why do they work?- Curtis Jackson

Afternoon Breakouts

Marbles- The App for self-awareness-Adam Moen

Grassroots Empowerment Peer Respite- What we have learned-GE staff

Question Persuade Refer- Learn to save a life in one hr-Steve Hansberry

Discharge-Now What?- WITW staff and board