

Morrison County Drop In Center

JULY 2020

SILVER SNEAKERS AND SILVER AND FIT AT ST. FRANCIS

If you are on Medicare or any type of State Insurance, you may qualify for a free membership at the St. Francis gym.

If you are interested in a gym membership call 320-632-0627

Groups daily at 10am and 2:30pm.
If you have an idea you would like a group on please let Pam know.

The Peer Meeting will be July 2nd, 2020 at 10:45am please come and give your input for the Drop In Center.



Don't forget this months birthday
Pam A, Dean G, Tricia W.

BINGO July 9th at 11am (must have 6 people to play)

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